

# Fall 2025 Newsletter

**EATBETA Featured in  
Arise & Rejoice Magazine**  
**(Breaking News)**

# eatbeta

**Evangelize Africa Through  
Business Empowerment and  
Transforming Agriculture**

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# EATBETA IMPROVES LIVES!



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Dr. Sonko said that more than 5,000 people living in rural Uganda have been assisted by Eatbeta since its birth. Many individuals and institutions in Texas and elsewhere have played important roles in the charity's success.

Dr. Sonko, who resides in North Texas with his wife, Eva, and their four children, is the founder of "Eatbeta," a federally-chartered non-profit that he and his wife started in the summer of 2016. Dr. Sonko and his wife were born in Uganda.

"We address the challenges of rural unemployment and food and water shortages in Uganda," said Dr. Sonko whose family attends First Baptist in Dallas.

"We work to improve the physical and spiritual welfare of people by collaborating with faith leaders. We train farmers in a variety of



Retired Appellate Court Judge Sam Griffith, left, of Tyler, Texas has travelled to Uganda on numerous occasions to assist Eatbeta in efforts to improve the lives of people.

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**ARISE & Rejoice Magazine**

## **SUMMER 2025: MISSION ACCOMPLISHED REPORT**

### **Summer 2025 Mission: Sowing Seeds of Growth and Hope**

This past summer marked another successful season of purpose, progress, and powerful impact. Transformation took root as we carried out targeted training and outreach programs reaching high school students, rural farmers, and pastors. We witnessed lives changed—and the seeds of sustainable growth and hope firmly planted.

### **The Next Generation Inspired**

One of the most exciting highlights of the Summer 2025 mission was welcoming about 100 high school students to tour our training and demonstration center. They witnessed firsthand how agriculture, faith, and innovation intersect—and many left deeply inspired. The students learned how fish are brooded and raised in ponds, gaining a practical introduction to aquaculture. They also observed demonstrations in animal farming, broadening their understanding of agriculture's potential as a livelihood. The enthusiasm from the visit was overwhelming. As a result, we're now planning expanded programming specifically tailored for high school students in future seasons—an investment in the next generation of leaders.

### **Rural Farmers Empowered**

At Nakaseke, we equipped over 70 rural farmers with innovative, hands-on training focused on resilience and sustainability. Farmers gained essential skills to enhance small-scale farming, increase productivity, and diversify income sources. In addition to agricultural techniques, we introduced modules on business empowerment—covering essential topics like recordkeeping, accountability, and basic financial management. These skills are crucial to building economically stable rural communities and addressing persistent poverty and hunger.

### **Rural Pastors Equipped**

With a vision to strengthen spiritual and community leadership, we trained more than 50 rural pastors in Jinja. These sessions provided practical tools for sustainable ministry. Pastors engaged in hands-on demonstrations and discussions aimed at enhancing both their pastoral work and personal livelihoods. One key theme was encouraging pastors to embrace farming as a sustainable way to support their ministries and reduce financial dependence. Pastors left with renewed vision, ready to serve their communities with faith and resilience.

### **Way Forward**

Summer 2025 was far more than just a mission trip. It was a clear demonstration of what's possible when we invest in people—their potential, their faith, and their future. From students to farmers to pastors, we are witnessing lives being transformed in tangible and lasting ways. The impact is phenomenal, and it's only the beginning. **We humbly invite you to continue praying for and supporting EATBETA's mission to transform rural livelihoods by alleviating unemployment, food and water shortage in Uganda.**

## SUMMER 2025 MISSION IN PICTORIAL



Left: Demonstrating to high school students how fish are bred and farmed.



Right: Giving high school students an intro tour of EATBETA's training center.



Left: Training and empowering rural farmers at EATBETA's training center in Nakeseke.



Right: Training & equipping pastors in Jinga to engage in farming as a major source of ministry funding.

SEPTEMBER/OCTOBER 2025

# EATBETA IMPROVES LIVES!

**H**elping farmers and rural dwellers in Uganda is one of the anchors in his world that Dr. Julius Sonko, who teaches business and financial management at Dallas Baptist University and Tarrant County College, thinks about each day and night.

**D**r. Sonko, who resides in North Texas with his wife, Eva, and their four children, is the founder of "Eatbeta," a federally-chartered non-profit that he and his wife started in the summer of 2016. Dr. Sonko and his wife were born in Uganda.

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Dr. Sonko, second right, is committed to improving the lives of rural residents in Uganda where he and his wife, Eva, were born.

skills that enable them to enhance their own livelihoods in a sustainable manner."

**D**r. Sonko said that more than 5,000 people living in rural Uganda have been assisted by Eatbeta since its birth. Many individuals and institutions in Texas and elsewhere have played important roles in the charity's success.



Retired Appellate Court Judge Sam Griffith, left, of Tyler, Texas has travelled to Uganda on numerous occasions to assist Eatbeta in efforts to improve the lives of people.

**W**e have been able to build and maintain water wells for rural Ugandans because of the support of groups located in North Texas. "The people in Uganda are eternally

grateful for all of the help they have received," Dr. Sonko said.

**A**ided by a trained staff in Uganda, Eatbeta has established a training center where farmers grow crops, raise animals and are taught productive farming techniques. Dr. Sonko led a training mission in Uganda during the summer.

**W**ith the help of our strategic partners in the United States and clergy in Uganda we intend to expand our program to other parts of the country," he said. "The people are eager to learn and members of our team are eager to embrace and serve them," Dr. Sonko added. | ARISE & REJOICE



Farmers and faith leaders in Uganda are enhancing their country and their lives with the assistance of institutions and people located in the United States.

## LOOKING AHEAD: PLENTY OF ACTIVITIES PLANNED FOR 2026

As we reflect on the meaningful impact of Summer 2025, we now turn our hearts and hands toward a truly landmark year. 2026 is poised to be a milestone chapter in EATBETA's journey—a year of strategic growth, deepened engagement, and heartfelt celebration of what the Lord has enabled us to accomplish thus far.

### Spring 2026: EATBETA Appreciation & Promo Event (March 21, 2026)

To honor the dedicated individuals and partners who have faithfully supported EATBETA, we will be hosting our first-ever Appreciation & Promo Event on March 21, 2026 (saved the date!). This special gathering will include:

- Stories from the field and updates from our mission leaders.
- A preview of upcoming initiatives.
- Testimonies from those whom EATBETA's efforts in Uganda have impacted.
- Opportunities to sponsor projects and mission trips.

It will also serve as a space to cast vision for the future and invite new supporters and volunteers into the growing EATBETA family.

### Summer 2026: Mission Trip to Uganda/Kenya (July 13-24, 2026)

We are thrilled to announce our Summer 2026 mission trip, scheduled to take place in Uganda/Kenya from July 13 to July 24, 2026. This expanded, cross-border experience will give our team and volunteers the opportunity to:

- Conduct pastor and farmer training and outreach in multiple regions.
- Visit and support existing EATBETA partner communities.
- Explore opportunities for collaboration and furthering EATBETA's mission.

Participants and volunteers will not only serve but also learn from the resilience and gratitude of the communities we walk alongside. We are calling on passionate individuals and churches to consider joining this life-transforming experience.

### Summer 2026: Official Launch of the Nakaseke Training Center

After years of prayer, planning, and partnership, we are proud to announce the official launch of the EATBETA Training Center located in Bugabakimu village, Nakaseke district, Uganda. This center will be the heart of our on-the-ground operations and a catalyst for long-term impact. The facility features:

- Rooms and space for training pastors, rural farmers, and the youth.
- A demonstration farm showcasing sustainable practices for crop and animal husbandry.
- Lodging facilities for visiting trainers/volunteers and mission teams.
- Community space for ongoing collaboration and outreach programs.

The training center will allow EATBETA to scale its programming, deepen relationships with rural communities, and offer year-round learning opportunities in agriculture, entrepreneurship, leadership, and discipleship.

## **Summer 2026: Celebrating 10 Years of Impact: EATBETA's 10th Anniversary**

2026 marks a decade since EATBETA's founding, and we are dedicating the year to honoring this journey of faith, growth, and service. From humble beginnings to an expanding mission, we've seen lives transformed—pastors equipped, farmers empowered, youth inspired, and numerous water wells constructed for rural communities in Uganda. We will commemorate this milestone through:

- Story campaigns highlighting key moments and individuals.
- A special anniversary publication and a showcase of EATBETA's achievements.
- Celebration events and a call to action for the next 10 years of impact

This will be more than a celebration of the past—it will be a launchpad into EATBETA's future.

### **Join Us in What's Next**

Whether you've been with us since day one or are just now discovering EATBETA's mission, it is the perfect time to get involved. We're praying for bold partners, passionate volunteers, and generous donors to help us write the next chapter.

**Together, we can achieve EATBETA's overarching vision to evangelize Africa through business empowerment and transforming agriculture.**

From humble beginnings to an expanding mission, we've seen lives transformed—pastors equipped, farmers empowered, youth inspired, and numerous water wells constructed for rural communities in Uganda!

### **Contact Us**

(214)226-8249

[www.eatbeta.org](http://www.eatbeta.org)

[info@eatbeta.org](mailto:info@eatbeta.org)

### **Mail Us**

EATBETA  
P.O. Box 1190  
Euless, TX 76039



# EATBETA

## *Mission Trip*

SUMMER 2026

**Volunteer** to  
train rural  
farmers in  
**Uganda/**  
**Kenya**

JULY 13 - 24  
2026

For Details

Call (214)226-8249 or visit:  
[www.eatbeta.org/summer2026](http://www.eatbeta.org/summer2026)



Enjoy a Safari Tour after the Mission!

